

AGGRESSION AMONG ALBANIAN ADOLESCENTS

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ABSTRACT

The purpose of this study was to assess the levels of aggression in a sample of Albanian adolescents. The measure used was the Buss-Durkee Hostility Inventory, composed of 8 subscales measuring: Direct Assault or Physical, Indirect Assault, Irritability, Negativism, Resentment, Suspicion, Verbal Assault, Guilt or feelings of having done wrong. The subscales were scored in: a.intra-directed aggression, that include: resentment, suspicion and guilt. b. hetero-directed aggression, that include: Direct Assault, Indirect Assault, Irritability, Negativism and Verbal Assault. The study involved 250, 17-years old students, 108 males and 142 females. In terms of residence, 200 lived in the city and 50 in rural areas. Results revealed overall high prevalence of both direct and indirect aggression. Gender differences (although small) and differences between Urban and Rural areas were also found for several types of aggression. Findings have several practical implications both in terms of future research and interventions to reduce aggressive behavior in Albania.

Keywords: Aggression, Adolescents, Males, Females(sex), Albania.