

THE PSYCHOLOGIST'S ROLE IN OFFERING SERVICE IN HEALTH CENTERS: A REVIEW

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ABSTRACT

Health psychology is a discipline which has seen a very rapid growth over the years, by integrating in this way with highly effective disciplines in human welfare center. The main strategy which is practiced within health psychology is to focus on the bio-psycho-social factors. Numerous researchers argue that health and disease occurs as a result of a mix between these biological, psychological and social factors. Biological determinants consist on genetic conditions and inherited personality traits. The discipline of psychology as a discipline that deals specifically with the behavior, and also plays an important role in understanding the concepts of health and disease, since both these concepts are significantly affected by human behavior itself. The effect of the role of health psychologists can be seen in some areas which provide advisory assistance, relief, preparatory preventive primary care, secondary and tertiary, on the other hand the health psychologists or health psychology discipline itself is a discipline which constantly promotes ways how an individual or a society can live in a healthy way and avoid or prevent behaviors that may negatively affect the health of the individual but also to society in general. The purpose of this article is to describe the role of health psychologist (but even clinical advisory) in providing health care seen from the biopsychosocial perspective about health and disease.

Keywords: Psychology, health psychology, biopsychosocial model.