

IS IT POSSIBLE TO STOP REINCARNATIONS?

Subhendu Das

CCSI, California

USA

subhendu11das@gmail.com

ABSTRACT

Reincarnation is a law of nature. We continue to reincarnate indefinitely and forever. So question naturally comes - can we stop our personal reincarnations. The answer is both yes and no. No, we cannot get out of the cycles of reincarnations. The simultaneity law of nature defines our global destiny. Our individual destiny is derived from this global destiny. Therefore we do not have any kind of freedom to act in any specific way to change our own destiny to get rid of reincarnations. Even the person whom many consider as god, like Krishna of Mahabharat, also comes to this world once in every millennium to satisfy his reincarnation law. The answer to the title question is also yes, because we can learn yogic power through yogic meditation to bring our body to a physical state where we will not feel any kind of pain and suffering from life and its reincarnations. Our body will achieve a physical state, called divine state, and we become a high level yogi, and the material world will not affect us anymore. However, we still reincarnate, because we are guided by the global destiny, and we are born for the needs of the society. The concept of liberation is intimately related to soul theory, yogic meditation, reincarnation, and global destiny. Thus we take a multifaceted approach to the subject question. Pain and suffering are both physical and mental. We show that to relieve from all physical pains one must perform high level yogic exercises and yogic meditations throughout the life. In the same way to get relief from mental pain one must acquire the knowledge about soul from Vedic science. This knowledge must then be experienced by advanced level of yogic meditation.

Keywords: Reincarnation; liberation; global destiny; yogic meditation; Samkhya; Vedas.