

RELATIONSHIP BETWEEN FAMILY PLANNING AND POPULATION GROWTH IN LAGOS STATE

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ABSTRACT

The study examined the relationship between family planning and population growth in Lagos state. The study sort to know if the use of family planning could reduce population growth since one of the dynamic nature of population is birth rate. Descriptive survey design was used for the study. The instrument used was a questionnaire which comprised of 50 items on family planning and population growth while the population consisted all married people in Lagos state. The sample was made up of 519 selected through stratified sample. One research question was raised and one hypothesis was generated to guide the study. This was tested at 0.05 level of significance. The result of the analysis showed that many married people had a favourable attitude to family planning. Also, there was a low relationship between family planning, child spacing and size of the family. Based on the findings, it was recommended that married people should adopt family planning methods as a means of controlling birth rate which could reduce population growth. Also, Government should put up enlightenment programmes that could aid couples to see the need for family so as to enhance better development of the Nation.

Keywords: Family planning, population growth, child spacing, size of the family.