THE IMPACT OF STRESS IN QUALITY OF LIFE AT THE PATIENTS WITH DIABETES

Sara Miftari
State University of Tetova
MACEDONIA

Erika Melonashi
Eurpean University of Tirana
ALBANIA

ABSTRACT

Stress has become a discussing subject among psychologists and professionals of mental health. Stress is present in human's life at any time and its influence on human life is undoubtedly multi-dimensional. Stress triggers different physical and mental reactions in women and men with diabetes in which case comes to decrease of life quality. So in this paper we wanted to determine the impact of stress in quality of life at the patients with diabetes.

Keywords: Stress, quality of life, diabetes, mental health.