

DOMESTIC VIOLENCE AGAINST WOMEN IN NIGERIA

Fareo Dorcas Oluremi, Ph. D
Counselling and Human Development Centre
Adeyemi College of Education, Ondo
NIGERIA

ABSTRACT

In Nigeria, many women are brutally treated by their intimate partners who in some cases lead to the death of such women. Domestic violence affects all social groups and can consist of physical, sexual and psychological abuse. The level of violence against women in Nigeria is increasing by the day with two out of every three women in certain communities experiencing violence in the family. Many women do not report the abuse as they are ashamed that their marriages are not working and for most women in Nigeria, divorce is not an option at all. So they suffer in silence. It is against this background that the researcher looks into cases of domestic violence against women in Nigeria, types, causes, effects, and management. The study recommended comprehensive and extensive premarital counselling should be given to intending couples on how to manage their marital relationship; and the government should establish and fund counselling centres at the community, and Local Government levels and employ professional counsellors to help victims and perpetrators of domestic violence.

Keywords: Domestic violence; Nigerian women; types; causes; effects; management.