

LIFE SATISFACTION AMONG WORKING AND NON WORKING WOMEN

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ABSTRACT

The present study was conducted to measure the life satisfaction among working and non working women. Satisfaction with Life Scale (SWLS) developed by Ed Diener and colleagues (1984) consisting 5 items was administered to the sample of (N=100) of different organizations and living areas of Islamabad and Faisalabad. The sample was divided into two categories 50 working women and 50 non-working women, out of which 25 working and 25 non working from Faisalabad, 25 working and 25 non working from Islamabad were taken. t-test was computed for the statistical analysis of the data. All hypotheses were significant at $P < .05$ level. Findings indicate that there was significant difference between working and non-working women regarding their positive well being.

Keyword: Life Satisfaction, Working women, Non-working women.