

EMOTIONAL INVESTMENTS AND COUNTER MEASURES OF COLLEGE FEMALE TEACHERS' SENSE OF HAPPINESS IN CHINA

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ABSTRACT

This paper mainly discusses the theory of happiness of the teachers, and propose some relevant counter measures from these two aspects of interpersonal and emotional. This paper mainly uses the goal theory, the theory of social comparison, the adaptation and coping theory. And this paper put forward two counter measures: creating a relaxed and harmonious interpersonal environment to meet the need for esteem. Building the emotional platform. To meet the needs of belongingness and love.

Keywords: Happiness, Interpersonal Relationship, Emotion, Teachers.