INFLUENCE OF ADOLESCENTS HIGH-RISK SEXUAL BEHAVIOUR AMONG SECONDARY SCHOOLS STUDENTS IN PORT HARCOURT METROPOLIS

Odiase Jerry Edobor (Ph.D) & Dr. (Mrs.) Rosemary .O. Ekechukwu Department Of Psychology, Guidance and Counselling Faculty of Education, University of Port Harcourt NIGERIA

ABSTRACT

Adolescents high-risk sexual behaviour and its associated unpalatable outcome is a dare consequence to human development, growth and maturation. The paper examined the influence of adolescent high-risk sexual behaviour among secondary schools students in Port Harcourt metropolis. The sample consisted of 200 senior secondary school students randomly selected from 5 schools in Port Harcourt. A survey research design was adopted. The researcher adopted 20 item structured questionnaire titled Adolescent high-risk sexual behaviour (AHSBQ), validated by the experts was used to elicit information from the respondents based on the five point likert scale. Two hypothesis were tested at 0.05 alpha level and were all rejected. A descriptive and inferential statistics were used to analyse the data such as mean and standard deviation, chi-square and t-test. The results revealed that adolescents are involved in high-risk sexual behaviour. Male adolescents (boys) are highly prone to risky sexual act than the female folk (girls) due to their high psycho-sexual urge "libido". Based on the results, some recommendations were made among others are adolescents who were already sexually active should be encouraged to use safer practices and how to handle sexual pressure scenarios.

Keywords: Adolescents, high-risk, sexual behaviour, physical and psychological changes.