# CONSTRAINTS AFFECTING ATTITUDE OF TEACHERS TOWARDS PRACTICING GUIDANCE AND COUNSELLING IN PRIMARY SCHOOLS IN KISUMU WEST SUB COUNTY

### Joshua Owino

Department of Educational Management Jaramogi Oginga Odinga University of Science and Technology, **KENYA** 

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## Florence Y. Odera

Department of Educational Management Jaramogi Oginga Odinga University of Science and Technology, **KENYA** 

# **ABSTRACT**

This study established constraints affecting the attitude of teachers towards practicing G&C in primary schools in Kisumu West Sub County. The research objective was to identify the constraints affecting the attitude of teachers towards practicing G&C. The behavioral theory of B.F. Skinner was adopted. Ex post facto research design was used for this study. The study population comprised 504 prefects, 126 head teachers, 126 G&C teachers from all the 126 primary schools in the Sub County. Saturated sampling was used to obtain 126 head teachers and 504 prefects; purposive sampling was used to obtain 126 Guidance and counseling teachers. Descriptive statistics in frequencies and percentages were used to analyze data generated by questionnaires and focus group discussions using summary tables, data from interviews were transcribed and organized into themes, categories and sub-categories as they emerged in the study. The validity and reliability of the questionnaires were enhanced through pilot study done in 5 schools which were not used in the study. Validity of the instruments was done by Supervisors in the Department of Psychology/Educational Foundation. The findings showed that: majority of respondents (78%) agreed on in adequate training, (13%) disagreed, (19%) undecided, 58% agreed on work overload, (27%) disagreed, (14%) undecided, inadequate resources and time allocation to G&C, parents were not supportive to G&C. Based on these findings, it was recommended that: Ministry of Education to enhance assessment of G&C in schools, head teachers should enhance supervision, G&C workshops/seminars should be organized for all teachers, teachers trained in G&C should be considered for promotion, school G&C teachers should be trained in G&C, the Government should fund G&C, one qualified counsellor should be posted to each school. The results of the study could assist the Government, head teachers, teachers in the situation of G&C in primary schools for purposes of planning.

Keywords: Attitude, Guidance, Counseling, teachers, Constraints, Practices, Pupils.