

## THE PSYCHO-SOCIAL CONSEQUENCES OF VESCO VAGINAL FISTULA AMONG WOMEN IN NORTHERN NIGERIA

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### ABSTRACT

The focus of this paper is on the psycho-social consequences of Vesco Vaginal Fistula among women in Northern Nigeria. A descriptive research design of the survey type was adopted for the study and the sample consisted of two hundred and fifty two VVF patients. The purposive sample technique was used to select the sample. Data were collected with the aid of a self-constructed questionnaire. The data collected were analysed using percentage score and t-test analysis. The hypotheses generated were tested at 0.05 level of significance. The result revealed a significant relationship between VVF and stigmatization, positive relationship existed between VVF and self-worth and significant relationship exist between VVF and rational ability of patients. Based on the findings, it was recommended that adequate support be given to VVF patients by family and friends, they should identify with their predicaments rather than denying and isolating them. If adequate care is given their hope would be restored, low self-worth be eliminated and their rational ability restored.

**Keywords:** Psychosocial, VVF, consequences, women, Northern Nigeria.